



Public lecture series 2017

Room U0.05 Brockington Building, Loughborough University
Lecture starts at 6.25pm

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Oct

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The weight of responsibility: Schools and the future of our children's health

Presented by Dr Lauren Sherar, Senior Lecturer in Physical Activity and Public Health, Loughborough University

A commentary on the present and future health of our children, with a specific focus on the role of physical activity and sedentary behaviour. The contribution and responsibility of schools in improving the health of our children will be debated.

Dr Lauren Sherar graduated from Nottingham Trent University combined honours programme in Sport Science and Biology in 2001. She then obtained a masters (2004) and doctoral (2008) degree at the University of Saskatchewan in Canada in the area of physical activity and health with a focus on child and adolescent growth and development.

Since 2008 Dr Sherar worked as a Research Fellow at the University of Bath (2008-10), an Assistant Professor at the University of Saskatchewan (2010-12) and was appointed as a lecturer at Loughborough University in 2012.



To book, please email Alison Stanley:
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