

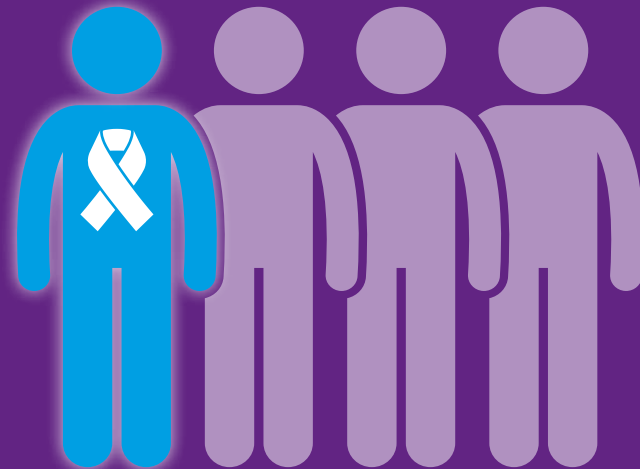
1 IN 4 BLACK MEN WILL BE DIAGNOSED WITH PROSTATE CANCER

DON'T WAIT FOR SYMPTOMS

IF YOU'RE A BLACK MAN AGED 45 OR OVER, SPEAK TO YOUR GP OR NURSE, OR YOU CAN TALK TO A SPECIALIST NURSE 0800 074 8383 ABOUT YOUR RISK OF PROSTATE CANCER.

I WOULD LIKE:

- PSA TEST
- SPEAK TO GP OR NURSE





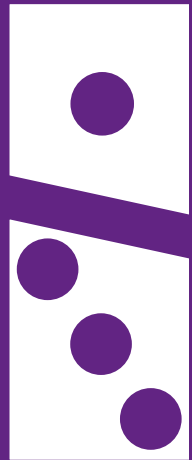
MOST MEN WITH EARLY PROSTATE CANCER HAVE NO SYMPTOMS AT ALL. BUT IF YOU DO, YOU MIGHT FIND IT HELPFUL TO TICK ANY PROBLEMS YOU HAVE AND TAKE THIS LEAFLET WITH YOU TO YOUR GP OR NURSE:

- NEEDING TO URINATE MORE OFTEN THAN USUAL, ESPECIALLY AT NIGHT**
- DIFFICULTY STARTING TO URINATE**
- STRAINING OR TAKING A LONG TIME TO FINISH URINATING**
- A WEAK FLOW WHEN YOU URINATE**
- A FEELING THAT YOUR BLADDER HASN'T EMPTIED PROPERLY**
- HISTORY OF BREAST OR PROSTATE CANCER IN FAMILY**

- A SUDDEN NEED TO URINATE – SOMETIMES LEAKING URINE BEFORE YOU GET TO A TOILET**
- DRIBBLING URINE AFTER YOU FINISH URINATING**

LESS COMMON CHANGES INCLUDE:

- PAIN WHEN URINATING**
- PAIN WHEN EJACULATING**



'SPOT THE SIGNS'