

African/African Caribbean Men's Club

Come and join us

Free refreshments

Date:

Time:

Venue:



PLAY DOMINO TALK PROSTATE

'SPOT THE SIGNS OF PROSTATE CANCER'



DID YOU KNOW THAT:

- ❗ IN THE UK, **1 IN 4** BLACK MEN WILL BE DIAGNOSED WITH PROSTATE CANCER IN THEIR LIFETIME. THIS IS **DOUBLE THE RISK** FACED BY ALL MEN (1 IN 8)
- ❗ MOST MEN WITH EARLY PROSTATE CANCER HAVE **NO SYMPTOMS AT ALL**. THAT'S WHY IT'S IMPORTANT TO KNOW YOUR RISK AND **TAKE ACTION EARLY**.
- ❗ MOST BLACK MEN **AREN'T AWARE** THEY HAVE AN INCREASED RISK OF PROSTATE CANCER
- ❗ BLACK MEN ARE MORE LIKELY TO GET PROSTATE CANCER IF THEY'RE AGED **45 OR OVER**, AND **THEIR FATHER OR BROTHER HAS HAD IT**.
- ❗ IF YOU'RE A **BLACK MAN AGED 45 OR OVER**, SPEAK TO YOUR GP ABOUT YOUR RISK OF PROSTATE CANCER. **DON'T WAIT FOR SYMPTOMS**.



Centre for BME Health
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