

Jasveer

I used have back ache, and feeling very tired. My son was about 15 when it was detected that my kidney was weak. I think I had my first transplant around 1996, kidney failed after 18 years, I started dialysis three days a week for about two and a half years. I had infection after the transplant and it was worrying. Now it has been over 10 years since my transplant. I have to take medicine twice a day. I feel I can do a lot of things.

I know I have to take extra care about my health and well-being. I haven't been out last years as I am high risk. I used to cook new dishes to keep myself occupied. I also sew my clothes, I have enjoyed doing that.