

Usha

I had problems with my legs, could walk, was referred to hospital, went to Royal Infirmary in 2006 for vitamin D deficiency, more tests were done, was sent to general hospital as kidney function was 42%, kidney function kept on deteriorating, from 2014 my kidney function was checked every 6 months.

In 2015, it deteriorated further, started going to hospital for checks every 3 months

2016, got worse, had specific diet to follow.

2018 – fistula – dialysis

2019 – dialysis, kidney function 9%

In 2020, hospital called me as a kidney had become available, it has changed my life, I am more independent, and I look after my husband.

When I was waiting for a kidney, I used to feel very low, couldn't do much, I was looking after my husband too. I was connected with a community group called Anand Mangal, Anila the co-ordinator really supported me. She got me to take part in activities like fashion show, where I was able to forget about my problems.